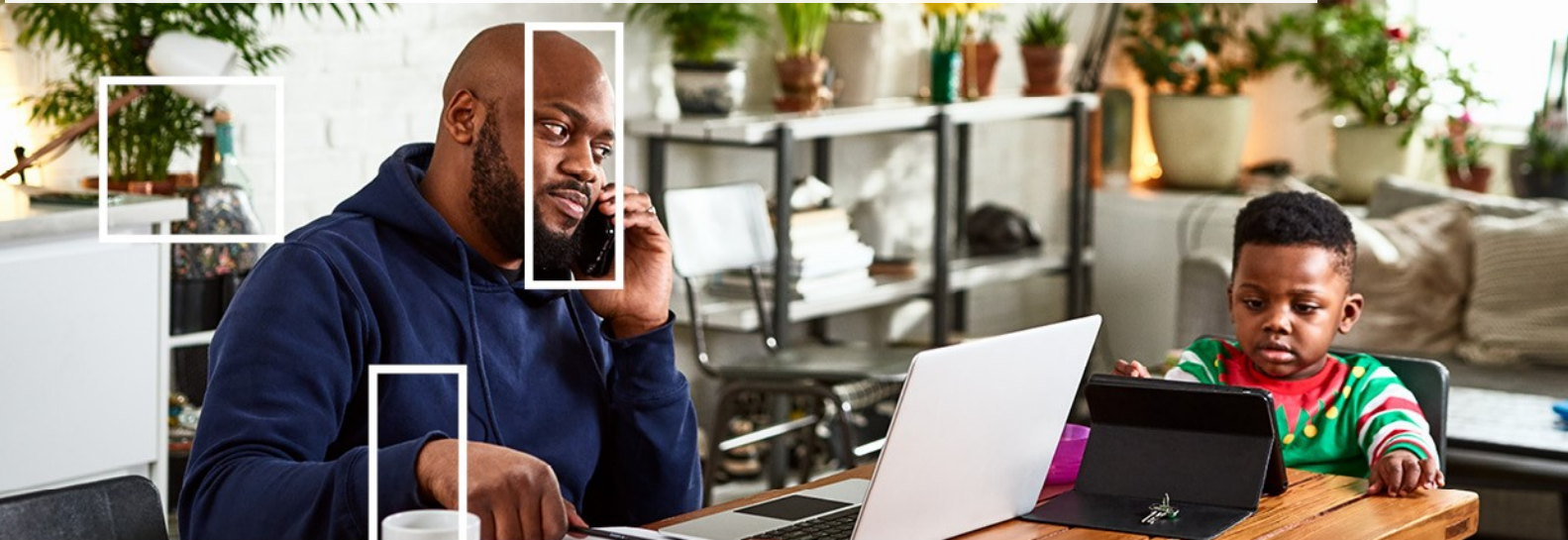


Work Safe at Home Video Coaching

Maximize Capability & Minimize Waste of Human Capital



More workers than ever before are working at home.
How will you manage the safety and health of this growing population?

Our Work Safe at Home Video Coaching Service is a critical part of the answer. Weekly emails are pushed to your work-from-home employees. Each email links to a short, fun video on staying safe, comfortable and productive. This timely and easy to use subscription service is designed for busy people.

What Risks are Your Work at Home Employees Facing?

You are responsible for your employee's safety and health while they are working for you. That does not change when they work from home, but it does get more complicated. If they have a work-related injury it will still affect your workers' compensation costs and your occupational health duties are still in effect.

- **Ergonomics:** many employees don't have dedicated workstations in their homes – let alone one that has been designed with their musculoskeletal health in mind.
- **Inactivity:** being sedentary can pose a higher risk to employees working at home because they're not getting up to attend meetings or talk with their coworker's face to face.
- **Slip, Trip & Fall:** they're at risk of tripping over household objects like toys, slipping on water spilled from the dog's bowl, or even falling down the stairs.
- **Fire & Electrical Safety:** with distractions such as pets, kids, or partners also working from home, it's clear why many experts expect workers compensation claims to increase with remote work.
- **Isolation:** Working from home can create a sense of isolation for some employees.



Work Safe at Home Video Coaching

We created the Work Safe at Home Video Coaching service to mitigate these risks. It's packed with short videos that address the unique needs of the remote employee. It includes tips on setting up a safe and effective computer work area, strategies for developing safe work habits, stretches, and postural changes that can improve comfort and productivity. The library also contains numerous videos that address safety, health and wellness topics, and much more.

Here's How it Works

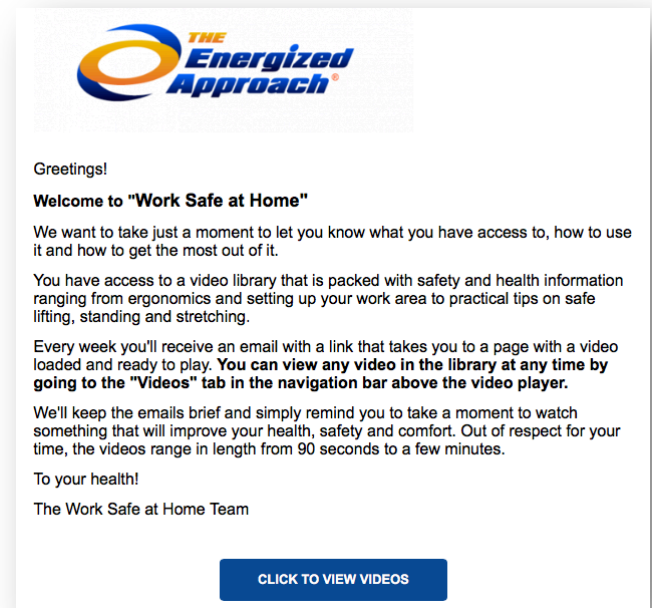
We send out regularly scheduled emails that contain brief safety and health messages as well as a link to the video page with a video queued up and ready to go. We recognize that employees are busy and attention spans are short, so the videos range in length from about 90 seconds to 3 minutes. They are packed with simple and practical tips that can be put into practice right away. The videos can be viewed on a computer, tablet or smartphone, 24.7/365.

Changing habits takes time, and the emails and short videos provide the periodic "tap on the shoulder" that promotes long-term and sustainable change.

Features

While there are too many features to include here, below are some of the more compelling:

- Can be accessed via Windows, iOS or Android computers, tablets or smart phones
- A continuous campaign of curated content
- Self-service reports on who has opened emails, viewed videos, etc.
- User link authentication - no usernames and passwords to remember
- Bulk electronic upload of employee's information
- Easily add/delete employees



Contact

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